

Scenario for OTH 2009

It's a clear, cold day at Sandia. The wind has been pretty mild. At 1500 you are sitting bump at the UPR when you get a report of a possible injury near the bottom of Dipsey. You are dispatched from Upper.

You arrived on scene to find a single male PT sitting on skiers left about 15 ft up from the bottom of Dipsey with his snowboard still attached and his helmet next to him. He's alert but guarding their right arm. Upon your initial conversation with him you find out that he is 19 years old and his name is Corey Hamlin. He is complaining of pain (P@6) in his wrist and shoulder. He removed his own helmet and denies hitting his head. You call to Upper and request a toboggan.

Corey begins to tell you that he was having some problem getting used to the new board he got for Christmas and fell backwards onto his wrist. He mentions that he thought his shoulder popped. Your focused exam finds slight deformity of the distal radius with good distal CMS. Upon palpating the acromioclavicular joint you find point tenderness without any apparent deformities. Your rapid body survey is unremarkable with exception of the chief complaint. You record a baseline set of vitals and relay the following to upper: PT Ax4 Radial P 88 R 14 Eyes Pearrl

Another patroller, Sven, arrives with the toboggan. Together you splint the wrist and immobilize the shoulder getting Corey ready for transport.

When you get into the LPR at 1528, you get the description of Corey's older brother, Nathan, who came up with him and call upper on the phone with the information. Also you have a patroller go to the bottom of Chair One to place information on the board.

Sven gets another set of vitals while you begin your detailed exam: P 76 R 12 BP 122/74 O2 Sat 96%. During your detailed, you discover an old surgical scar on Corey's left knee (ACL from a skiing injury 2006). Nothing else significant to report is found. You recheck the splint and cravats as well as CMS then place a bag of ice on his wrist. Corey seems to be comfortable enough. You look at his helmet and find it unremarkable.

Nathan walks in a few minutes later.

After reviewing all the paperwork and making sure you have all the required signatures, you assist Corey down the stairs to the car at around 1600. They are headed to Kaseman Hospital to have his wrist and shoulder looked at.