

Sandia Peak Ski Patrol

Outdoor Emergency Care 2009

Syllabus

Location: VA Hospital Education Building (unless otherwise noted.)

Time: **6:00 pm – 10:00 pm** (please be prompt)

Days: Tuesday and Thursday (unless otherwise noted.) Starting August 20, 2009

Check SPSP calendar for date and location changes. www.sandiapeakskipatrol.org

Instructor of Record: Carol Bicher

(C) 400-8877 before 9 pm

(W) 284-1748 only for emergencies

Email: carolanne359@yahoo.com

Attendance: Only 8 hours can be missed unless approved by Instructor of Record. Students are responsible for material missed. Written and Practical make-up tests will only be provided due to an emergency.

Expectations of Students and Instructors:

- Students are responsible for reading and studying the course material prior to class. Pop quizzes are **very** possible.
- **ALL** Students will participate in practical hands-on skills and reviews. Failure to participate may result in being dropped from the course.
- Appropriate dress for crawling around on the floor is recommended.
 - Sports shorts under outer garments for men.
 - Sport shorts and sports bra under outer garments for women.
- Good hygiene
- **NO** alcohol consumption prior to or during class. Being under the influence of drugs and/or alcohol prior to or during class is grounds for immediate removal from class. A taxi and VA Police will be called.
- Students are responsible for bringing equipment and material to and from the OEC wagon.
- Appropriate behavior and sexual misconduct. Inappropriate behavior is grounds for immediate removal from course and ski patrol.
- Completion of AHA CPR for Health Care Providers course. Taught separately from OEC. See SPSP calendar for dates.
- **NO** firearms allowed. If you are permitted to carry a firearm please leave them in a secure facility, do not bring them to the classroom. If your employment requires you to carry a firearm, credentials are required.

Text: **Outdoor Emergency Care: Comprehensive Pre-hospital Care for Non-urban Settings, Fourth Edition.**
Outdoor Emergency Care: Workbook

Materials: Notebook, pen or pencil, CPR pocket mask (mask purchased prior to CPR class)

Resources: Sandia Peak Ski Patrol website: www.sandiapeakskipatrol.org
National Ski Patrol website: www.nsp.org
OECzone.com: www.oeczone.com

Evaluations: Midterm written, 75% passing, successful completion of practical skills.
Final written, 80% passing, successful completion of practical skills.

August

20th Chapter 1: Introduction to Outdoor Emergency Care
Mark Spencer (Instructor Trainee), Kim Linder (Mentor)

Chapter 2: The Well Being of the Rescuer
Craig Chapman

25th Chapter 3: Interfacing with EMS and Other Emergency Personnel
JT Parker/Kris Pyeatt

Chapter 4: Human Anatomy and Physiology
JT Parker/Kris Pyeatt

27th Chapter 5: Baseline Vital Signs and Sample History
Jamie Butler (Trainee), Kim Michaelson (Mentor)

Chapter 6: Airway Management
Irene Weinmann (Trainee), Glen Michaelson (Mentor)

September

1st Chapter 7: Patient Assessment
Jamie Butler (Trainee); Smitty (Mentor); Mo Smith; Mike Denton; CB

*Note: 2 Sep - CPR for candidates at VA, 6:00 pm start time
Glen and Kim Michaelson*

3rd Chapter 8: Bleeding
Mike Denton (Trainee), Diane Johnson (Mentor)

Chapter 9: Shock
Jim Butcher (Trainee), Diane Johnson (Mentor)

8th Chapter 19: Soft Tissue Injuries
Mark Spencer (Instructor Trainee), Kim Linder (Mentor)

Chapter 10: Respiratory Emergencies
Jim Butcher (Trainee), Ken Kohlert (Mentor)

10th Chapter 11: Cardiovascular Emergencies
Kim Michaelson

September (continued)

Chapter 12: Neurological Emergencies
Irene Weinmann (Trainee), Glen Michaelson (Mentor)

15th Chapter 13: Common Medical Emergencies
Ken Koehlert

Chapter 18: Mechanisms and Patterns of Injury
Tony Sill

17th Chapter 24: Principles of Musculoskeletal Injury (traction splints)
Pearl Yeast, Smitty Smith

Chapter 25: Assessment and Care of Bone and Joint Injuries
Tony Sill

22nd Chapter 26: Head and Spine Injuries (backboards)
Mark Hollingsworth, Carol Bicher

24th Chapter 27: Rescue Techniques: Lifts and Loads
Diane Johnson

Review for Midterm: Written and Practical Skills
Carol Bicher, Mo Smith & All available instructors

29th **Midterm - Written**
Review: Practical Skills Midterm
Carol Bicher, Mo Smith, & All available instructors

October

1st **Midterm - Practical Skills**
Carol Bicher, Mo Smith, & All available instructors / extra patrollers
Bring skills sheets

6th Chapter 14: Snow Sport and Mountain Biking Emergencies
tbd

Chapter 20: Eye Injuries
Diane Johnson

Chapter 21: Face Injuries
Pearl Yeast

8th Chapter 22: Chest Injuries
Ken Kohlert

Chapter 23: Abdomen and Genitalia Injuries
Denny Prestholdt

13th Chapter 15: Environmental Emergencies
Mike Denton (Trainee), Smitty (Mentor)

October (continued)

Chapter 16: Behavioral Emergencies
Denny Prestholdt

Chapter 17: Obstetrics and Gynecological Emergencies
Denny Prestholdt

15th Chapter 28: Triage
Smitty and Mo Smith

Chapter 29: Mass Casualty Incident Management
Smitty and Mo Smith

20th Chapter 30: Pediatric Outdoor Emergencies
Mark Hollingsworth

Chapter 31: Outdoor Adaptive Athletes
Craig Chapman

22nd **Review: Written Final Exam/Q&A**
Carol Bicher, Mo Smith

Review: Practical Skills – Comprehensive
All available instructors

27th **Final: Written Exam – Comprehensive**
Carol Bicher, Mo Smith

Note: SWAP – October 29th – November 1st (Thursday-Sunday)

November

3rd **Optional Review: Practical Skills Review – Comprehensive**
Available instructors – as requested by students

5th **Review: Practical Skill – Comprehensive**
Carol Bicher, Mo Smith, & All available instructors

(Sat) 7th **Final: Practical Skills – Comprehensive – 8am – 3pm at SP Area**
Carol Bicher, Mo Smith, & All available instructors & extra patrollers

(Bring skills sheets and dress appropriately for weather. Bring sack lunch. Continental breakfast, coffee, juice and bottled water provided.)

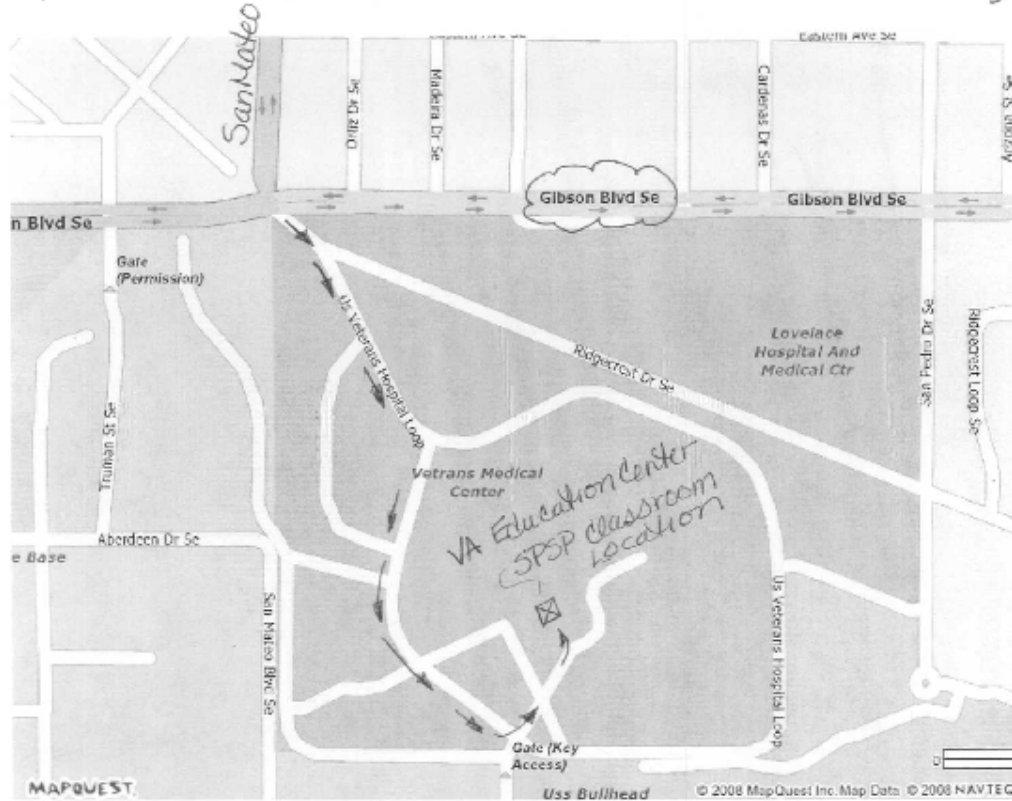
10th **Classroom Instruction for On-the-Hill** – prerequisite for On-the-Hill
JT Parker, Mo Smith, others tbd

12th **Patroller 101**
Pearl Yeast

2008 SPSP
OEC Class
@ the VA
Education Center
(next to Credit Union)

MAPQUEST.

Albuquerque, NM



Coleshaw 770-713-6399
Carol Bieher 400-8877