

# Sandia Peak Ski Patrol

## Outdoor Emergency Care 2008

### Syllabus

Location: VA Hospital Education Building (unless otherwise noted.)

Time: 6:00 pm – 10:00 pm

Days: Tuesday and Thursday (unless otherwise noted.) Starting August 14<sup>th</sup>, 2008

Check SPSP calendar for date and location changes. [www.sandiapeakskipatrol.org](http://www.sandiapeakskipatrol.org)

Instructor of Record: Cole Shaw

(C) 770-713-6399 before 9 pm

(W) 284-9951 only for emergencies

Email: [cjshaw@umich.edu](mailto:cjshaw@umich.edu)

Attendance: Only 8 hours can be missed unless approved by Instructor of Record. Students are responsible for material missed. Written and Practical make-up tests will only be provided due to an emergency.

Expectations of Students and Instructors:

- Students are responsible for reading and studying the course material prior to class. Pop quizzes are **very** possible.
- **ALL** Students will participate in practical hands-on skills and reviews. Failure to participate may result in being dropped from the course.
- Appropriate dress for crawling around on the floor is recommended.
  - Sports shorts under outer garments for men.
  - Sport shorts and sports bra under outer garments for women.
- Good hygiene
- **NO** alcohol consumption prior to or during class. Being under the influence of drugs and/or alcohol prior to or during class is grounds for immediate removal from class. A taxi and VA Police will be called.
- Students are responsible for bring equipment and material to and from the OEC wagon.
- Appropriate behavior and sexual misconduct. Inappropriate behavior is grounds for immediate removal from course and ski patrol.
- Completion of AHA CPR for Health Care Providers course. See SPSP calendar for dates.
- **NO** firearms allowed. If you are permitted to carry a firearm please leave them in a secure facility, do not bring them to the classroom. If your employment requires you to carry a firearm, credentials are required.

Text: **Outdoor Emergency Care: Comprehensive Pre-hospital Care for Non-urban Settings, Fourth Edition.**

## Outdoor Emergency Care: Workbook

Materials: Notebook, pen or pencil, CPR pocket mask (mask purchased prior to CPR class)

Resources: Sandia Peak Ski Patrol website: [www.sandiapeakskipatrol.org](http://www.sandiapeakskipatrol.org)  
National Ski Patrol website: [www.nsp.org](http://www.nsp.org)  
OECzone.com: [www.oeczone.com](http://www.oeczone.com)

Evaluations: Midterm written, 75% passing, successful completion of practical skills.  
Final written, 75% passing, successful completion of practical skills.

### August

14<sup>th</sup> Chapter 1: Introduction to Outdoor Emergency Care  
*Dick Riger*

Chapter 2: The Well Being of the Rescuer  
*Cole Shaw (Trainee)*

19<sup>th</sup> Chapter 3: Interfacing with EMS and Other Emergency Personnel  
*Mark Hollingsworth; Carol Bicher*

Chapter 4: Human Anatomy and Physiology  
*Dick Porter*

21<sup>st</sup> Chapter 5: Baseline Vital Signs and Sample History  
*Sam Gutierrez*

Chapter 6: Airway Management  
*Tony Sill*

26<sup>th</sup> Chapter 7: Patient Assessment  
*Mike Denton (Trainee); Kris Pyeatt; JT Parker; Mo Smith; Carol Bicher*

28<sup>th</sup> Chapter 8: Bleeding  
*Tony Sill*

Chapter 9: Shock  
*Kim Linder*

### September

2<sup>nd</sup> Chapter 19: Soft Tissue Injuries  
*Dick Riger*

Chapter 10: Respiratory Emergencies  
*Ken Koehlert (Trainee); Dick Riger (Mentor)*

4<sup>th</sup> Chapter 11: Cardiovascular Emergencies

*Mo Smith*

Chapter 12: Neurological Emergencies  
*Glen & Kim Michealson*

9<sup>th</sup> Chapter 13: Common Medical Emergencies  
*Glen & Kim Michealson*

Chapter 18: Mechanisms and Patterns of Injury  
*Ken Koehlert (Trainee), Diane Johnson (Mentor)*

11<sup>th</sup> Chapter 24: Principles of musculoskeletal Injury  
*Kris Pyeatt; Kim Michealson*

Chapter 25: Assessment and Care of Bone and Joint Injuries  
*Kim Michealson; Clare Levene*

16<sup>th</sup> Chapter 26: Head and Spine Injuries  
*Pearl Yeast*

Chapter 27: Rescue Techniques: Lifts and Loads  
*Pearl Yeast*

18<sup>th</sup> **Mid Term Review and Practical Skills Review**  
*Cole Shaw & All available instructors*

23<sup>rd</sup> **Written Midterm**  
**Practical Skills Midterm Review**  
*Cole Shaw & All available instructors*

25<sup>th</sup> **Practical Skills Midterm Review**  
*Cole Shaw & All available instructors*

30<sup>th</sup> **Practical Skills Midterm**  
*Cole Shaw & All available instructors / extra patrollers*

## **October**

2<sup>nd</sup> Chapter 20: Eye Injuries  
*Smitty Smith*

Chapter 21: Face Injuries  
*Bryce Ricken (Trainee); Smitty Smith (Mentor)*

7<sup>th</sup> Chapter 22: Chest Injuries  
*Bryce Ricken (Trainee); Smitty Smith (Mentor)*

Chapter 23: Abdomen and Genitalia Injuries  
*Smitty Smith*

9<sup>th</sup> Chapter 14: Snow Sport and Mountain Biking Emergencies  
*Mo Smith*

Chapter 15: Environmental Emergencies  
*Ken Koehlert (Trainee); Diane Johnson*

14<sup>th</sup> Chapter 16: Behavioral Emergencies  
*Denny Prestholdt*

Chapter 17: Obstetrics and Gynecological Emergencies  
*Cole Shaw (Trainee);*

16<sup>th</sup> Chapter 28: Triage  
*Denny Prestholdt; Jann Levin*

Chapter 29: Mass Casualty Incident Management  
*Denny Prestholdt; Jann Levin*

21<sup>st</sup> Chapter 30: Pediatric Outdoor Emergencies  
*Glen & Kim Michealson*

Chapter 31: Outdoor Adaptive Athletes  
*Mike Denton (Trainee); JT Parker; Kris Pyeatt*

Incident Report Presentation (Due at OTH)  
*Mo Smith*

23<sup>rd</sup> **Written Final Exam Review**  
*Cole Shaw*

**Practical Skills Review – Comprehensive**  
*All available instructors*

28<sup>th</sup> **Written Final Exam – Comprehensive**  
*Cole Shaw*

## **November**

4<sup>th</sup> **Practical Skills Review – Comprehensive**  
*All available instructors*

6<sup>th</sup> **Practical Skill Review – Comprehensive**  
*All available instructors*

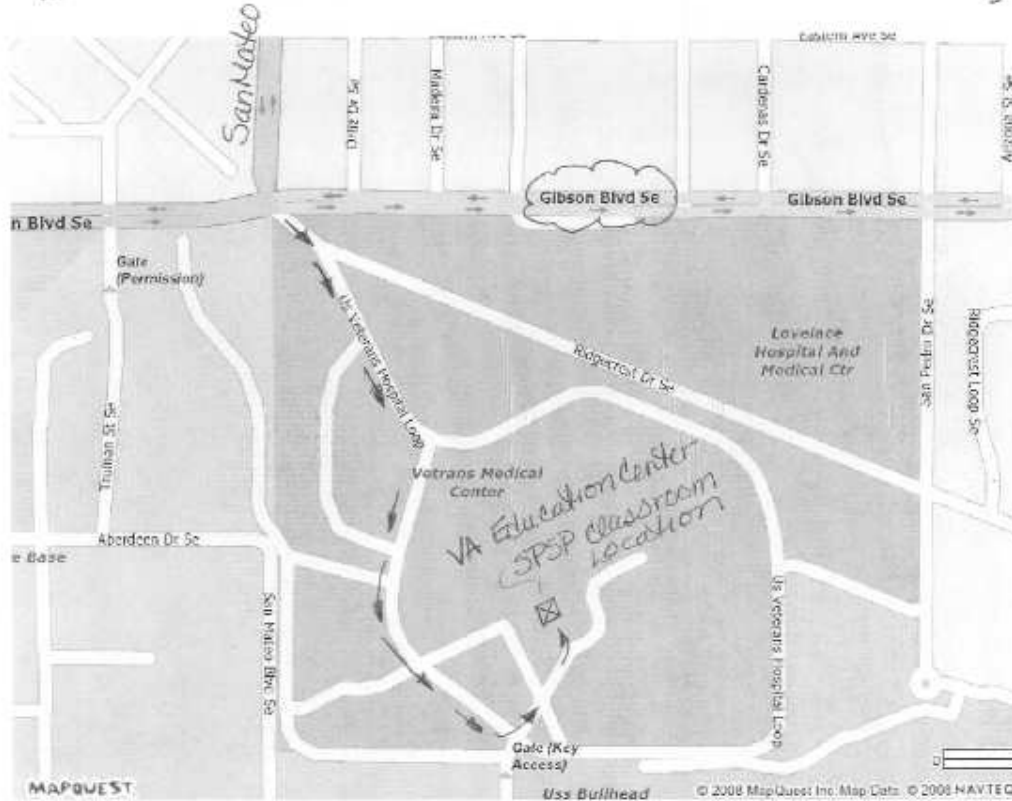
8<sup>th</sup> **Practical Skills Final – Comprehensive – 8am – 3pm**  
*All available instructors & extra patrollers*

**(Bring skills sheets and dress appropriately for weather. Bring sack lunch. Continental breakfast, coffee, juice and bottled water provided.)**

# MAPQUEST.

★ Albuquerque, NM

2008 SPSP  
OEL Class  
@ the VA  
Education Center  
(next to Credit Union)



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Carol Bueher 400-8877